

# December

Moody Civic Center  
Group Fitness Calendar

2020

\$2 per class for all Civic Center Members  
\$5 per class for all Nonmembers  
Class Cards are for Members only \$30 for 20 visits

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 5:30p: Spin (Maggie) 6:30p: Yoga (Maggie)	2 5:30p: Yoga (Maggie) 6:30p: Dance Fitness	3 5:30p: Spin (Maggie) 6:30p: Yoga (Maggie)	4	5 8:30a: Boot Camp
6	7 6:00p: Boot Camp 6:30p: Dance Fitness	8 5:30p: Spin (Maggie) 6:30p: Yoga (Maggie)	9 5:30p: Yoga (Maggie) 6:30p: Dance Fitness	10 NO CLASSES SPIN and YOGA CANCELLED	11	12 NO BOOT CAMP
13	14 NO BOOT CAMP 6:30p: Dance Fitness	15 5:30p: Spin (Maggie) 6:30p: Yoga (Maggie)	16 5:30p: Yoga (Maggie) 6:30p: Dance Fitness	17 5:30p: Spin (Maggie) 6:30p: Yoga (Maggie)	18	19 8:30a: Boot Camp
20	21 6:00p: Boot Camp 6:30p: Dance Fitness	22 5:30p: Spin (Maggie) 6:30p: Yoga (Maggie)	23 5:30p: Yoga (Maggie) 6:30p: Dance Fitness	24 CLOSED FOR CHRISTMAS EVE	25 CLOSED FOR CHRISTMAS	26 8:30a: Boot Camp
27	28 6:00p: Boot Camp 6:30p: Dance Fitness	29 5:30p: Spin (Maggie) 6:30p: Yoga (Maggie)	30 5:30p: Yoga (Maggie) 6:30p: Dance Fitness	31 NEW YEAR'S EVE HOURS 6 AM – 4 PM		

## Civic Center News & Updates:

- Reserve your spot in Dance Fitness or Yoga on the day of class. Class space is limited due to class size restrictions.
- Room rentals are available at 50% capacity through December 11, 2020
- **Have A Very, Merry Christmas!!!**
- Please be aware that government mandates may change classes that are allowed and/or class size after 12/11. We will post a new calendar if there are any changes at that time.
- Check us out on Facebook!!  
[www.facebook.com/moodyalabamaciviccenter](http://www.facebook.com/moodyalabamaciviccenter)

### Civic Center Instructors

Boot Camp: Lori Franklin  
Dance Fitness: Sharon Harris  
Senior Fitness: Trish Kelly  
Spin: Maggie Tucker  
Yoga: Tom Olive & Maggie Tucker

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